



## Make cervical screening part of your routine – and enjoy exclusive rewards!

**Just like getting your hair or nails done, cervical screening should be part of your routine - and with Screen Stars you can also treat yourself with exclusive discounts and special offers at local businesses.**

So not only does cervical screening save lives, you can get an extra treat for making the effort to look after yourself! Need more reasons to go?

Put simply - it can, and does, save lives...

Research shows that cervical screening prevents at least 2,000 cervical cancer deaths each year in the UK and across the north east we know that 1 in 4 women are missing out on this important test!

Many local GP practices will also be signing up to become a 'No Fear service', meaning they'll offer a range of supportive measures in place to help you. This could mean you can benefit from booking appointments online, back-to-back buddy appointments, requesting a female practitioner, and you'll even be able to bring a friend along to support you too.

So if it's your first time or you just haven't been for a while, there's nothing to worry about and it will be over and done within minutes, giving you peace of mind and plenty of time to enjoy the fun things in life.

### Here's how the scheme works

1. As soon as you receive your invitation letter, speak to your GP practice or any sexual health clinic to book your FREE screening. Don't forget to pick up your Screen Stars reward card when you're done.
2. Have a look at the website to find out what offers and discounts are available - from hair and beauty treatments, fitness classes, restaurants and shopping - we are sure there is something to suit everyone.
3. Once you have chosen, contact them direct to make an appointment (if required) and don't forget to take along your Screen Stars reward card when you go!



**Cervical screening saves lives**

**Don't be the one missing out...**



Developed by  
Public Health  
South Tees

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